



CAMBRIAN COLLEGE OF APPLIED ARTS AND TECHNOLOGY

CAMBRIAN COLLEGE OF APPLIED ARTS AND TECHNOLOGY'S COMMITMENT TO ALL CAMPUS APPROACH TO HEALTH AND WELLNESS AND THE ADOPTION OF THE OKANAGAN CHARTER

Cambrian College understands its role as a post secondary institution in Ontario in promoting and enhancing the health and well-being of its campus community. Cambrian's Strategic Plan *Further Together 2020-2025* outlines as one of its eight strategic objectives its commitment to wellness. It states, "No community, regardless of strategic ability, financial strength, or any other measure of excellence, can be strong if it is not well. As well-being emerges as the most pressing topic of conversation in modern institutions and workplaces, Cambrian is naming and embracing well-being as an important, stand-alone strategic priority."

The positive effects of a clear commitment to well-being will extend to students, faculty and staff." Cambrian will achieve this through enhancing the success of our students, faculty and staff by continuing to foster a culture of safety, belonging, support and wellness and by aligning our health and wellness mandate with the Okanagan Charter: An International Charter for Health Promoting Universities and Colleges (2015).

The Charter outlines two Calls to Action:

1. Embed health into all aspects of campus culture, across the administration, operations and academic mandates.
2. Lead health promotion action and collaboration locally and globally.

Working collaboratively across our campus, Cambrian commits to:

- Review organizational policies through the lens of wellness.
- Develop a health and wellness stackable credential available to current students, alumni and members of the wider community.
- Further embed health into academic curriculum.
- Enhance college programming for students, faculty and staff based on Cambrian's eight pillars of wellness: Social, Intellectual, Financial, Emotional, Spiritual, Career, Physical and Environmental.
- Form an Equity, Diversity, Inclusion (EDI) Campus Committee.
- Development of a multi year Equity, Diversity and Inclusion (EDI) Campus Plan.
- Respond and publicly communicate Cambrian College's Response to the Truth and Reconciliation Commission's Call to Action.
- Implement mandatory sexual violence prevention training for students and staff and faculty.
- Implement *Remote Work Policy* and Procedures.
- Provide annual professional development and resources related to wellness to faculty and staff.
- Strengthen relationships with community partners in all areas related to wellness.
- Support and develop research and evidence- based approaches to wellness.
- Maintain and enhance our student peer support network.
- Develop and modernized Pride and Spiritual rooms for students.
- Enhance supports for universal design.