

President and Vice-Chancellor 1280 Main Street West Hamilton, Ontario, Canada 18S 418 Tel: 905.525.9140 Ext. 24340 Fax: 905.522.3391 Email: president@mcmaster.ca http://www.mcmaster.ca

Tara Black, Associate Director, Health Promotion
Canadian Health Promoting Universities and Colleges Network Chair
Simon Fraser University
8888 University Drive
Burnaby, BC, V5A 1S6
(tblack@sfu.ca)

March 6, 2017

Dear Tara,

## McMaster University - Adoption of the Okanagan Charter

On behalf of McMaster University, I am delighted to enclose our completed Statement of Adoption for the Okanagan Charter: An International Charter for Health Promoting Universities and Colleges.

The adoption of the Charter has been discussed and approved by our University Senate and Board of Governors. The University's governing bodies also approved the following McMaster specific commitments to the Charter:

- 1. McMaster commits to support the inclusion of health and well-being in the University's strategic planning processes and to seek to embed considerations of health, wellness and sustainability in our institutional policies and decision-making processes.
- McMaster strives to nurture and support our students, faculty and staff to be as healthy
  as they can be and to create an inclusive, supportive and healthy educational
  environment and workplace.
- 3. McMaster commits to support a thriving community, both within and beyond the borders of our campus, and strives to engage with and be a proactive, responsive and collaborative partner in our local and broader communities.
- 4. McMaster commits to support the integration of educational initiatives and opportunities related to health and well-being across multiple disciplines, to foster an understanding of and commitment to health and wellness throughout the campus community.
- 5. McMaster strives to advance research, education and training to promote and support health and well-being on a global scale, and commits to nurturing partnerships and collaborations, locally, nationally and internationally, to develop and mobilize such knowledge in support of a healthier planet.

Please do not hesitate to let me know if you require any additional information and I look forward to working with the network of Health Promoting Universities and Colleges to transform the health and sustainability of our current and future societies, strengthen communities, and contribute to the wellbeing of people, places and the planet.

Sincerely,

Patrick Deane