

Okanagan Charter Commitments

Toronto Metropolitan University International College is dedicated to supporting international students with their health and wellbeing and improving equitable access to learning and education within a framework of diversity, equity and inclusion that critically reflects on the environment and systems in which we operate.

We aspire to engage in proactive early intervention, the prevention of mental health issues, the promotion of holistic health and well-being, a culture of compassion and resiliency, as well as provide the conditions under which students, staff, and faculty can flourish.

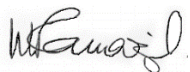
By adopting the Okanagan Charter, Toronto Metropolitan University International College is committed to working collaboratively with students, staff, community, and stakeholders to meet the calls to action outlined in the Okanagan Charter in the following strategic areas:

Access: Ensuring that there is a coordinated effort for continuous building of relationships that foster barrier-free access to campus and mental wellbeing. This includes providing access to physical and recreational activities, social inclusion and a natural environment designed with consideration to air quality and exposure to natural daylight and spaces that support social connections.

Awareness: Mental health literacy is actively promoted creating a culture of compassion on campus and destigmatizing mental health and promoting positive attitude towards wellness. This includes Mental Health First Aid training provided to all interested faculty, staff, and student leaders.

Communication: Invest in resources that enhance the visibility of policies and procedures that promote mental health including the promotion of “Keep me Safe” program and enhance community connectedness.

Inclusion: TMUIC will infuse health into everyday operations, fostering a safe, supportive environment. This is lead by students, staff and faculty and promotes the essential elements for a diverse and inclusive campus.



Wessen Rawazik
College Director and Principal