

## UTSC HEALTHY CAMPUS COMMITMENTS

The following commitments have been drafted based on student, staff and faculty consultations/feedback. Once approved, these commitments will be submitted to the Canadian Health Promoting Campuses Network.

- 1. Create awareness, build capacity and provide experiential opportunities that promote student, staff, faculty, well-being (such as time management, self-care, and safety inclusively and equitably).**

*Alignment with Strategic Direction 1.1. Provide all students with transformative, experiential, and holistic curricular, co-curricular, and extra-curricular learning opportunities*

- 2. Through collaborations and partnerships across the campus, local community, and other Universities, support innovative research and approaches which advance health promotion through knowledge transfer & exchange, teaching, and action.**

*Alignment with Strategic Direction 2.4. Invigorate the on-campus research culture to increase disciplinary and interdisciplinary engagement across departments and with the wider community*

- 3. Foster and strengthen existing partnerships that promote interdisciplinary approaches to health and healthy living for student programming and support.**

*Alignment with Strategic Direction 4.2. Continue to expand local, national, and international collaborations with partners across various sectors that help to integrate real-life experiences into the curriculum, create opportunities for co-learning, and facilitate co-creation of knowledge*

- 4. Apply a participatory approach to create a health promotion action plan that embodies principles of social justice, equity, dignity, and respect for diversity through holistic, inclusive, and innovative approaches.**

*Alignment with Strategic Direction 5.1 Foster a culture of empathetic, transparent, and shared leadership to enhance participatory decision-making at the campus and unit levels*  
*Alignment with Strategic Direction 3.2. Focus on strengthening trusting and enduring relationships with underrepresented, equity deserving communities to facilitate access and a sense of belonging*

- 5. Advocate for enhancements to the physical environment which foster wellbeing, and healthy living, and spaces which create a sense of belonging for members of our community.**

*Alignment with Strategic Direction 3.4. Promote a culture and pursue actions that support individual and collective well-being for all students, faculty, librarian, and staff.*

- 6. Develop a Healthy Campus communication strategy which highlights resources and programming rooted in healthy campus principles, as well as the features of the physical environment and surrounding campus which promotes health and wellbeing.**

*Alignment with Strategic Direction 3.4. Promote a culture and pursue actions that support individual and collective well-being for all students, faculty, librarian, and staff.*