

Adoption of the Okanagan Charter University of Saskatchewan Commitments

(April 2017)

- 1. Commit to create an environment at the University of Saskatchewan that promotes and supports the health and well-being for all who study or work at our campuses.
- 2. Commit to planning and actions that are aligned with and live out the university's principles and values.
- 3. Commit to a robust wellness partnership that calls us to work collaboratively across our staff and student portfolios.
- 4. Commit to create and implement an organizational wellness strategy that integrates leading edge wellness initiatives (ie CACUSS Framework for Post-Secondary Student Mental Health).
- 5. Commit to increase investment and focus on promotional and prevention resources in the following priority areas:
 - a. Healthy Mind
 - b. Healthy Body
 - c. Healthy Life
- Commit to bring existing wellness programs and services into alignment to support the wellness strategy.
- 7. Commit to include Indigenous world views in our approach to health and well-being.
- 8. Commit to develop and implement a metric reporting system so that we can evaluate and report on outcomes of our wellness initiatives.
- 9. Commit to collaborate and/or share our best practices wellness strategies, initiatives and learnings across Canadian and international campuses.

Okanagan Charter Signatory

Signature from University President

April 3,2017